

## SIDE DISHES

TO ACCOMPANY MAIN MEALS

	<b>Crispy Aromatic Duck with Pancakes</b>	Quarter <b>12.95</b> Half <b>24.95</b>
1	<b>Sesame Prawn Toast</b> Four deep-fried prawn toasts with sesame seeds	<b>6.90</b>
2	<b>Barbecue Spare Ribs</b> Fried marinated ribs in oriental five spice	<b>6.65</b>
3	<b>Spare Ribs in Oriental Sauce</b> Succulent ribs covered in a rich tangy sauce	<b>6.55</b>
4	<b>Hot &amp; Spicy Chicken Wings</b> ) Chicken wings cooked in spicy peppercorn salt and fresh chillies	<b>5.75</b>
5	<b>Japanese King Prawns in Breadcrumbs</b> Five deep-fried king prawns in light breadcrumbs	<b>6.80</b>
6	<b>Vegetable Spring Rolls</b> v Deep-fried spring rolls served with a sweet chilli dip	<b>5.15</b>
6a	<b>Edamame</b> v Boiled soya beans, lightly salted	<b>4.75</b>
7	<b>Grilled Pork Dumplings</b> Four minced pork dumplings wrapped in pastry, then lightly grilled in the wok, served with a vinegar dip	<b>5.95</b>
8	<b>Hot &amp; Spicy Squid</b> ) Fried squid cooked in spicy peppercorn salt and fresh chillies	<b>7.50</b>
9	<b>Satay Chicken on Skewers</b> ) Four succulent pieces of chicken covered in a delicious peanut sauce	<b>6.30</b>
10	<b>Hot &amp; Spicy Fried Tofu</b> v ) Diced-fried bean curd with onions, peppers and chillies in spicy salt	<b>5.50</b>
11	<b>Pak Choi Vegetables</b> v Stir-fried Chinese green vegetables with oyster sauce	<b>5.60</b>
12	<b>Spicy Thai Prawn Crackers</b> ) Deep-fried minced prawns parcels	<b>3.50</b>
13	<b>Sweet &amp; Sour Won Ton</b> Deep-fried minced prawns parcels	<b>6.15</b>
14	<b>Hot &amp; Spicy Spare Ribs</b> ) Spare ribs cooked in spicy peppercorn salt and fresh chillies	<b>6.65</b>
15	<b>Crispy Duck Rolls</b> Crispy golden rolls stuffed with shredded duck and mixed vegetables served with a hoisin dip	<b>7.50</b>
16	<b>Chicken Rolls</b> Crispy golden rolls with chicken and mixed vegetables	<b>5.80</b>
17	<b>Chicken Gyoza</b> Five deep-fried Japanese minced chicken dumplings	<b>5.95</b>
18	<b>Vegetable Gyoza</b> v Five deep-fried Japanese vegetable dumplings	<b>5.70</b>

## WOK-FRIED NOODLES

COMPLETE MAIN MEALS FOR ONE

20	<b>ZEN Special Noodles</b> Stir-fried soft egg noodles with prawns, roast pork, chicken and mixed vegetables	<b>11.55</b>
21	<b>Crispy Noodles</b> Fried fine crispy egg noodles with king prawns, chicken, roast pork and vegetables	<b>11.95</b>
22	<b>Beef in Black Bean Sauce Ho Fun</b> ) Fried flat rice noodles with beef, mushrooms and peppers	<b>13.95</b>
23	<b>Stir-fried Mixed Vegetable Noodles</b> v Stir-fried seasonal mixed vegetables with egg noodles	<b>10.55</b>
24	<b>Vegetable Chilli Udon Noodles</b> v ) Fried Japanese noodles with seasonal vegetables, garnished with fresh chillies	<b>10.85</b>
25	<b>Spicy Singapore Noodles</b> ) Fried fine rice noodles with roast pork, chicken, shrimps, egg and vegetables	<b>11.85</b>
26	<b>Mixed Seafood Udon</b> Stir-fried Japanese thick noodles with mixed seafood and vegetables	<b>14.55</b>
27	<b>Chicken Satay Vermicelli</b> ) Chicken in a rich peanut satay sauce on a bed of fine rice noodles	<b>11.95</b>
28	<b>"Kon Chow" Beef Ho Fun</b> Stir-fried flat rice noodles with beef, onions and bean sprouts	<b>13.65</b>
29	<b>Pad Thai</b> Thai-style flat rice noodles with pork, shrimps, vegetables and crushed peanuts	<b>11.85</b>

## Extras

E1	<b>Plain Noodle with Bean Sprouts and Onions</b> v	<b>5.25</b>
E2	<b>Steamed Rice</b> v	<b>3.15</b>
E3	<b>Egg-fried Rice</b> v	<b>3.65</b>
E4	<b>Fresh Chillies</b> )))	<b>1.00</b>

## DISH CHANGES

	Requesting a change of rice	<b>+1.00</b>
	Requesting a change of noodles	<b>+1.50</b>

## NOODLE SOUP

COMPLETE MAIN MEALS FOR ONE

30	<b>Won Ton Noodle Soup</b> Ramen noodles, king prawn and pork dumplings with Chinese greens in a light soy broth	<b>12.45</b>
31	<b>Seafood Noodle Soup</b> Ramen noodles, squid, king prawns, crabstick, fish balls and Chinese greens in a clear soup	<b>13.50</b>
32	<b>Chilli Sliced Beef Noodle Soup</b> ))) Rice noodle soup topped with spicy beef, onions, sliced peppers, spring onions, bean sprouts and fresh chillies	<b>13.65</b>
33	<b>Spicy King Prawn Noodle Soup</b> ))) Fresh king prawns with pak choi, bean sprouts, fresh chillies and fine rice noodles in a spicy soup	<b>13.80</b>
34	<b>Roast Duck Ho Fun</b> Flat rice noodles with quarter of roast duck and Chinese leaves in a clear soup	<b>15.50</b>
35	<b>Tom Yum Vermicelli</b> ))) Fine rice noodles with king prawns, fish balls, squid, roast pork and mushrooms in a hot and sour soup	<b>14.25</b>
36	<b>Vegetable Gyoza Noodle Soup</b> v Vegetable Gyoza with seasonal vegetables in a clear Ramen noodle soup	<b>11.95</b>
37	<b>Seafood Laksa</b> ))) Indonesian curry pot with mixed prawns, fish cake, crabstick, fried tofu, bean sprouts and rice noodles	<b>14.25</b>



## Sauces

D1	<b>Curry Sauce</b> ))	<b>3.50</b>
D2	<b>Barbecue Sauce</b>	<b>2.50</b>
D3	<b>Satay Sauce</b> )	<b>2.55</b>
D4	<b>Sweet &amp; Sour Sauce</b>	<b>2.50</b>
D5	<b>Hoisin Sauce</b>	<b>2.50</b>
D6	<b>Chilli Oil</b> )))	<b>1.00</b>

## RICE DISHES

COMPLETE MAIN MEALS FOR ONE (VEGETABLES INCLUDED)

50	<b>Chilli King Prawns</b> ) Battered king prawns with spicy sweet chilli sauce, peppers and onions served with egg-fried rice	<b>12.95</b>
51	<b>Sweet &amp; Sour Chicken Cantonese Style</b> Battered chicken cooked with peppers, pineapple and onions served with egg-fried rice	<b>11.55</b>
52	<b>Chicken in Spicy Black Bean Sauce</b> ))) Chicken with fresh chillies, mushrooms and peppers in a black bean sauce served with egg-fried rice	<b>11.65</b>
53	<b>Roast Duck Cantonese Style</b> Sliced duck with pak choi in a sweet soy sauce served with steamed rice	<b>15.50</b>
54	<b>Barbecue Roast Pork</b> Sliced roast pork with pak choi in a sweet soy sauce served with steamed rice	<b>12.15</b>
55	<b>Tofu and Mixed Vegetables</b> v Tofu with pak choi, broccoli, onions and carrots, stir-fried in a light garlic sauce served with steamed rice	<b>10.65</b>
56	<b>Kung Po Chilli Chicken</b> )) Chicken coated in light batter with onions, peppers, fresh chillies and cashew nuts in a hot and sour sauce served with egg-fried rice	<b>12.15</b>
57	<b>Thai Green Chicken Curry</b> )) Chicken and vegetables in Thai green curry sauce served with steamed rice	<b>12.15</b>
58	<b>Vegetable Rendang Curry</b> v ) Broccoli, onions, peppers, mushrooms, courgettes in a Malaysian coconut curry sauce served with steamed rice	<b>10.95</b>
59	<b>Beef in Oriental Sauce</b> Sliced beef in oriental sauce served with egg-fried rice	<b>13.20</b>
60	<b>Chicken Oriental</b> ) Fried battered chicken in a black pepper oriental sauce served with egg-fried rice	<b>12.15</b>
61	<b>Sambal Chicken</b> ) Stir-fried chicken with peppers and onions in a spicy Sambal sauce served with steamed rice	<b>11.95</b>
62	<b>Rendang Beef Curry</b> ) Sliced beef with peppers and onions in a Malaysian coconut curry sauce served with steamed rice	<b>13.55</b>
63	<b>Katsu Chicken Curry</b> ) Breast of chicken in breadcrumbs in a rich curry sauce served with steamed rice	<b>12.65</b>